



# FEDERAZIONE ITALIANA TAEKWONDO-ITF & Sport

Sede legale:  
via Rizzitelli, 26  
76121 – Barletta (BT) – Italy  
Tel.: +39 06 452 215 308  
Fax: +39 06 62 209 209

web: [www.fitsport.it](http://www.fitsport.it)  
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**1-2 JUNE 2014**  
**Taekwon-do ITF**  
**international**  
**challenge**  
TOURNAMENT CLASS A **barletta**

**ORE 9.00**  
**FREE**  
**ENTRUM**

**SPORT HALL**  
VIALE LEOPARDI - BARLETTA



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## THE CITY GUIDE

### YOUR INSIDER'S GUIDE – LOCAL LIFE, SIGHTSEEING TOURS AND ESSENTIAL VISITOR INFO

#### LOCATION & CLIMATE

Barletta is located in South Eastern Italy in Apulia. Its territory includes the roman archaeological site of Cannae and the Valley of Ofanto - the river which crosses the countryside. The city overlooks the sea and its sandy coast extends for 13 km, far beyond the Old Town original site and harbor.

The climate is mild for most of the year, with a very hot summer (July/August) and chance of snow flurries in January/February. The average temperature ranges from 8.7°C in January to 24.7°C in August. All seasons are good in terms of congress activities.





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## CONNECTIONS

### By Plane



#### **“Karol Wojtyła” International Airport of Bari:**

The nearest airport to Barletta is the “Karol Wojtyła” International Airport of Bari (BRI), also known as Palese Airport. It is a main centre for departures to and from most European countries. The Airport is located 55 km south of Barletta and there are ground transportation solutions for visitors landing in Bari.

#### **→ From the “Karol Wojtyła” Airport to Barletta**

*By car* → The ring road and the SS 16-bis trunk road (Statale Adriatica) connect the Airport to Barletta.

*By train/bus* → The Bari Metropolitan Railway Service (Ferrotramviaria or Nord Barese) connects the Airport with the “Bari Centrale” Railway Station in the city centre: the single fare is €5. Also, the AMTAB public transportation provides a good connection by bus from the Airport to the city centre of Bari (Line 16: Aeroporto Terminal Partenze - Stazione FS Piazza Moro).

From Bari Centrale, the regional railway connects Bari to Barletta: the single fare is €4.20 (train direction: Foggia).

### By Train



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There are quick and regular links to many cities in the country that will lead you to our Central Railway Station, which is very close to the Old Town.

If you came inland by plane and landed in Naples, Rome, Pescara, Bologna or Milan, don't worry! Check out the National Railway Service website [trenitalia.it](http://trenitalia.it) and see which train suits you best for reaching Barletta. The cost of a single fare can vary very much and we suggest booking the tickets in advance.

## By Car

Barletta is served by the Autostrada Adriatica A14 (A14 motorway), linking it to Bologna and Milan to the north and to Bari to the south. You can exit or enter the motorway by the "Andria-Barletta" motorway tollbooth. Also, check out the bus fares from your town of arrival in Italy

## DISTANCES WITHIN THE TOWN

	Central Station	Old Town	Arena
Central Station		700 m	1,7 km
Old Town	700 m		2 km
Arena	1,7 km	2 km	

## EXPLORING THE TOWN

### THE OLD TOWN

The Old Town is the heart of the cultural life and leisure.

Here a short visitor's guide for enjoying your time in Barletta by day and by night!



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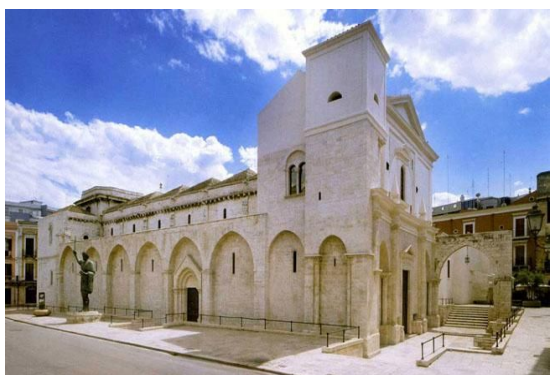
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## IF YOU LOVE ART AND ARCHITECTURE

You can take a good sightseeing tour of the Old Town with little effort. All the main cultural sites and museums are located in the same area and they are all within easy walking distance of each other.



**Are you into art galleries and art exhibitions? We would love to suggest you to go visiting our Pinacoteca “Giuseppe De Nittis” at Palazzo della Marra, which displays Impressionist paintings by De Nittis – a famous 19<sup>th</sup>-century Italian painter. If you enjoy sightseeing, take a break from the congress activities and go savouring our local history and architecture! The two main churches in town are the Cathedral of Santa Maria Maggiore, the very heart of the Old Town, and the Basilica of the Holy Sepulchre, which frames the silhouette of the Colossus also known as Eraclio. St Andrew’s Church, nearby the Cathedral, is worth a visit, too. Its catacombs are not open to the public but you may find it interesting anyway – a truly beautiful location with some lovely views. The Castle, a Norman-Swabian fortress built by the will of King Frederick II ( whose only existing visual representation is treasured in the Civic Museum of Barletta), is a good place to chill out when it’s sunny and warm outside: bring over some snacks and drinks and enjoy your time in the park.**





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## **NIGHTLIFE: LEISURE, FOOD AND DINING**

You can find plenty of restaurants, pizzerias, pubs and bars. For enjoying some Italian or local food you don't have to go downtown since there are good alternatives also in other areas of the town, also if you love sushi and Japanese cuisine.

Still, if you are looking for the Old Town is the beating heart of nightlife. There are no clubs in town but still you can manage to spend a good night out with friends in the many pubs and bars! Public transport is suspended at night but Barletta is not very big, you can do it for sure.



## **ONE-DAY TOURS IN THE LOCAL AREA**

### **TRANI**

13 km from Barletta

There are cheap regional trains for Trani: the round trip is €2.20.

You may find interesting to go visiting its Cathedral and taking a walk along its beautiful waterfront.



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## **CASTEL DEL MONTE**

34 km from Barletta

A 13th-century citadel and castle situated on a hill in Andria. The castle was built by the will of King Frederick II. The castle and the woods greet the eyes and the site is part of the UNESCO World Heritage.



## **BARI**

55 km from Barletta

Bari is the main city in Apulia. There are regional trains for Bari: the round trip is €8.40.

You can visit its Fortress, the Cathedral of San Sabino, the Basil of St Nicholas, the Petruzzelli Theatre, and Barivecchia (the Old Bari) – the ancient area of the city, undamaged by the fast pace of



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the city during rush hour. Bari is where focaccia barese and panzerotti were born, and yes, we do warmly suggest you to taste this glorious food at least once in your lifetime!



## **ALBEROBELLO**

115 km from Barletta

Its trulli (conical-roofed houses) are iconic and you cannot miss them if you are visiting Southern Italy. It is a UNESCO World Heritage Site and a delightful experience for both the locals and the travellers. Grab your sunglasses, have some ice cream and take a walk down its narrow streets and cafes.





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## **MONOPOLI**

95 km from Barletta

The views you can see in Monopoli are so beautiful they look just like a postcard. If you come visiting our region in the May/September period, you can surely take a swim in Monopoli: its beaches have crystal clear water and some of the most incredible cliffs in Apulia.





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Date and place

1st-2nd JUNE 2018

Sport Hall: Paladisfida Mario Borgia, Street Leonardo Da Vinci, Barletta (BT)

Entry fee

20,00 € per competitor

ENTRIES DEADLINE:

Application on

<https://tkd-itf.gr/index.php?action=championship>

May 30<sup>th</sup>, 2019 to 24h

Competition format

Elimination System will be applied to all the competitions.

Scoring system

Electronic scoring system. Competitors

Check the attached file for the categories.

In qualifcations and finals 2 x 2 min / pause 1min

Team sparring

Team Sparring will be held for childrens, Juniors and Adults.

Children team sparing include competitors 10, 11, 12 or 13 years old.

Junior team sparing include competitors 14, 15, 16 or 17 years old.



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Each team must consist minimum 4 competitors.

When a team has one member short at the time of competition then the opposing team will automatically be awarded two points.

## Umpires

Head referee: Vice President of EITF referee organization region – Master Emin Durakovic.

- Each club should provide minimum one (1) ITF Qualified Umpire
- Umpires will be required to carry out their duties as scheduled.
- Umpires must attend all the Umpire Meetings scheduled in the period of the event.
- The Umpire's dress code will consist of the Navy blue blazer jacket, White long sleeved shirt, Navy blue trousers, Navy blue necktie, White short socks and White sport shoes as laid down in the Umpire rules.

Attention: The Organizing committee will cover 2 nights and 3 days Hotel accommodation for an umpire WHOSE TEAM IS NOT LESS THAN 10 COMPETITORS.

The Club which have not the referee have to pay 50 €.

Every referee will get also money reward for his good work in patterns and sparring on Saturday and Sunday!

## Rules

ITF rules [www.itf-tkd.org](http://www.itf-tkd.org)

### Protest

The official protest must be written in 3 minutes after sparring and presented to the jury President after paying an amount of 100€ to organizers officials.

### Coaches

Coaches must wear sports suits and sneakers, towels and water during sparring

Coaches are the only responsible persons who may stand in for the competitor, hand in protests, etc.

Only one coach is allowed to enter the ring with the competitor or team.



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Organizer will pay 2 nights/3 days for one coach  
from each team.

## Awards

- Medals & diploma 1st, 2nd and 2 x 3rd place.
- Cups Best Youth, Junior, Senior male/female
- Cups for best clubs 1st, 2nd and 3rd place

## Competitors

Must wear ITF Dobok and equipment for sparring;

In the sparring competition: - the competitor from the red corner must wear red safety equipments

- the competitor from the blue corner must wear blue safety equipments. - GLOVES 10oz WILL BE ALLOWED

## Accommodation

Hotel accommodation will be provided at several packages:

Hotel:

30 Euro – Per day per person in double room

The price includes: - Breakfast

- Free entrance to the sport hall - Medical assistance during the competition days /only for competitors/
- Comfortable and high standard double rooms with cable TV

Hotel Accommodation Deadline: May 19, 2019 to 24h.

Contact person: Master Ruggiero Lanotte VII DAN

Phone: +39 392 572 72 72

e-mail: [opesbat@gmail.com](mailto:opesbat@gmail.com)



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## SCHEDULE

Friday, May 31<sup>st</sup>, 2019

Arrival of Delegations

Saturday, June 1<sup>st</sup>, 2019

08:00 – 10:00 Registration and weight check - Sports Hall (PALASPORT BARLETTA)

08:00 – 08:30 Umpire meeting

09:30 – 10:00 Coaches Meeting & Draw at the Sports Hall (PALASPORT BARLETTA)

10:00 - 12:30 Competition at the Sports Hall Kids (all Category), Children (all Category), Juniors and Seniors

(only color belt White - Green)

12:30 - 13:00 Opening Ceremony

13:00 - 13:30 Medal Awarding

13:30 - 18:00 Competition at the Sports Hall Kids (all Category), Children (all Category), Juniors and

Seniors (only color belt White - Green)

20:00 Dinner

Sunday, June 2<sup>nd</sup>, 2019

07:00 – 08:00 Breakfast

09:00 – 13:00 Competition at the Sports Hall Juniors & Seniors

13:00 – 14:00 Lunch

14:00 – 16:00 Competition at the Sports Hall Juniors & Seniors

16:00 Finals & Medal Awarding

21:30 Challenge Party

Monday, June 3<sup>rd</sup>, 2019

7:00 Breakfast & Departure